

Health and Wellbeing: Community and adults

Local Funding:

Berkshire Community Foundation (BCF)

<https://www.berkshirecf.org/funding-and-support/>

BCF is a local community foundation who have a number of grants for different needs and demographic groups.

The 'Vital for Berkshire' funding aims to increase awareness and support for community groups working with people across Berkshire who are struggling to cope with a range of issues preventing them from having a safe home, good health and secure employment.

Funding in the September 2020 round will be allocated in grants of up to £10,000 towards running costs for groups working to address the above needs.

Wokingham United Charities

<http://wokinghamunitedcharities.org.uk/grants/grants.htm>

Wokingham United Charities aims to relieve poverty, hardship or distress of persons resident in our 'the area of benefit' by providing grants for organisations and individuals that tackle disadvantage. Grants from our Relief in Need Fund are offered to organisations supporting people in our Area of Benefit who are either in need or on low income or both. The 'area of benefit' covered by the organisation covers the five civil Parishes of: Wokingham, Finchampstead, Wokingham Without, St Nicholas Hurst, Ruscombe. If you're a substantial number of the community in need are drawn from these areas and you can evidence this you can still apply for funding, even if you are not based in the area.

National and Regional Grants:

The Pilgrim Trust

<https://www.thepilgrimtrust.org.uk/grants/apply-for-a-grant/>

The Pilgrim Trust gives grants totalling approximately two million pounds each year to charities and other public bodies, 40% is for social welfare projects and 60% is aimed at preservation of historically significant assets.

The Pilgrim Trust favours giving to charities where our relatively modest grants will make a significant impact. The social welfare fund looks for imaginative and innovative projects with a proven track record so that this seed funding will encourage others to give. Their interest lies in supporting early interventions that address needs before these become too deep-seated. We are interested in projects that give women and girls greater opportunities and greater control over their lives. These projects will take an early action approach to addressing the social inequalities women and girls face. With this in mind, we particularly welcome applications from organisations who have demonstrable experience and expertise in working with women and/or girls who face two or more disadvantages.

See website for grant funding guidelines and on-line application. These accepted at any time and will consider running costs, project costs and limited capital costs.

ROSA

<http://rosauk.org/>

Rosa makes grants that help to strengthen **women's organisations** so they can meet the needs of the women and girls they work with. Grants are available in four areas: Leadership & representation, economic justice, Health and Wellbeing, Safety.

Rosa's Woman to Woman Fund offers grants of up to £25,000 to local grassroots women's organisations across the UK. Grants are available for groups with an income of under £100,000 per year to support a wide range of charitable work that benefits women. See website for application dates and requirements.

Allen Lane Foundation

<http://allenlane.org.uk>

The Allen Lane Foundation is interested in funding work which makes a lasting difference to people and reduces isolation, stigma & discrimination. It funds specific disadvantaged and vulnerable groups including older people and people experiencing mental health problems They make grants for general running costs, core costs, or specific project costs. They can also offer funding for start-up costs. Grants last year ranged from £1000-£12000 for people experiencing mental health problems. The Foundation only fund smaller organisations. If you work across a local area such as a village, estate or town, to be eligible you will need to have an income of less than around £100,000, national organisations with income less than £250,000 are also considered.

Edward Gostling Foundation

<https://www.edwardgostlingfoundation.org.uk/content/about-us>

The foundation's aim is to enhance the quality of life of people in need and, particularly, those on a low income who have a physical and/or mental disability or long-term illness. There are four priority life "themes". These are:-

- Health & Wellbeing - supporting access to community facilities to maintain, improve and enhance general welfare
- Independent Living at Home - helping people to live independently in their own home for as long as possible
- Respite - enabling carers to take a break from the responsibility of caring for a loved one 4 Updated November 2019
- Transition - supporting the journey through education and personal development programmes into employment, long-term volunteering or other meaningful daytime activity, housing and independent living

There is a Small Grants Programme for charities with an annual income of less than £3M for applications of £5K or less. For applications over £5K all charities need to apply under the Large Grants Programme. Core costs are not funded except in connection with setting up a new service or

where the charity has an income of £1M or less and the application is made under our Small Grants Programme. See website for more details.

Barchester Healthcare Foundation

<http://www.bhcfoundation.org.uk>

Their mission is to make a difference to the lives of older people and other adults with a physical or mental disability; supporting practical solutions that lead to increased personal independence, self- 6 Updated November 2019 sufficiency and dignity. In 2019 the focus is about connecting or re-connecting people with others in their local community. Applications that combat loneliness and enable people to be active and engaged will receive our highest priority in 2019. They fund:

- Older people 65+
- Adults (18+) with a physical or learning disability
- Adults (18+) with mental health problems

Grants range from £100 up to £5,000, with the average grant in 2018 being approx. £850. They fund small charities, with limited financial reserves.

Greggs Foundation Local Community Projects Fund

<https://www.greggsfoundation.org.uk/grants/local-community-projects-fund>

Not-for-profit organisations developing local community projects can apply for a grant of up to £2,000. If they are working to reduce disadvantage experienced by the most deprived people in the community such as the disabled, those living in poverty, voluntary carers and isolated older people. The fund has various rounds. Even if it says the round is closed click to look at the application form as new rounds may be ongoing and unclearly advertised. Use the shop locator on the Greggs website to find the nearest shop <https://www.greggs.co.uk/store-locator>

Also see :

Involve funding documents at <https://involve.community/funding/funding-documents/> for other possible grants under for example sport, core costs or community projects or local grants.